

# SAINT AMBROSE OF WOODBURY EARLY CHILDHOOD EDUCATION CENTER

## PRESCHOOL PROGRAM

### "CUB ROOM"

GROUP SIZE: 20

RATIO: 1:10



*Children who eat breakfast at school may bring it in and eat in the designated classroom  
**between the hours of 6:30-8:00 AM***

*Please note: this schedule allows for some flexibility so that we are able to meet the needs of each child.  
Each day may vary from the printed schedule.*

6:30-7:30 AM	Arrivals/greetings, breakfast, Choice Time in the Star Room
7:30-8:45 AM	Move to Cub Room, small group activities: books, sensory table, music, table activities and easel art
8:45-9:10 AM	Bathroom break and hand washing, "spot" assignment, V.I.P
9:10-9:30 AM	Outside Time (weather permitting)* or Large Muscle Room
9:30-9:45 AM	Calendar & weather
9:45-10:10 AM	Hand washing and Snack Time
10:10-10:30 AM	Choice Time
10:30-10:40 AM	Project Circle
10:40-11:05 PM	Small Group Theme Time: art, themed activities, skill concepts
11:05-11:15 PM	Spiritual Focus and music/songs, finger plays and Prayer Bear
11:15-11:45 PM	Outside Time (weather permitting)*, Gym or Choice Time
11:45-12:15 PM	Hand washing and Lunch Time
12:15-12:30 PM	Clean up, Music & Movement
12:30-12:45 PM	Bathroom break, quiet stories
12:45-1:15 PM	Quiet time for non-nappers
12:45-2:45 PM	Nap Time
1:15-2:45 PM	Quiet Table Time Activities
2:45-3:15 PM	Table Time Activities: manipulatives, puzzles, books bathroom breaks and hand washing
3:15-3:30 PM	Clean up
3:30-3:40 PM	Afternoon Circle: music, books, finger plays, letter focus
3:40-4:00 PM	Hand washing and Snack Time
4:00-4:20 PM	Large Muscle Room
4:20-5:30 PM	Outside time (weather permitting)* or Choice Time, bathroom break, hand washing, departures
5:30-6:00 PM	<i>Cubs, Stars, Dolphins – blend in Large Muscle Room</i>

\*Scheduled outside times will vary with the seasons. Children will go out in the winter only if weather permits.

# CUBS