

MEET THE DOLPHIN ROOM STAFF

MICHELLE PROW: I have been working at St. Ambrose since September 2007, but have been teaching in the early childhood field for over 20 years! I grew up in Stillwater and currently live in Woodbury. I graduated from Belmont University in Nashville, TN, with a B.A. in Business Administration. In my spare time, I enjoy travelling, going to concerts and being with my family, friends and my dog, Kobe.

RACHEL VOMASTEK: I have been working at Saint Ambrose since January 2013. I grew up in Woodbury and attended the University of Minnesota Duluth for three years. Currently, I am finishing my Bachelor's degree in Child Development at Concordia University and am enjoying living in Saint Paul. Biking and spending time with my friends and family are my hobbies. I absolutely love Saint Ambrose and have been a member of the parish for over 10 years. I am thankful to be a part of the community of Saint Ambrose, and enjoy all of our wonderful families that encompass it.