

SAINT AMBROSE OF WOODBURY EARLY CHILDHOOD EDUCATION CENTER  
**PRESCHOOL PROGRAM**

**“STAR ROOM”**

GROUP SIZE: 20

RATIO: 1:10



*Children who eat breakfast at school may bring it in and eat in the designated classroom  
between the hours of 6:30-8:00 AM*

*Please note: this schedule allows for some flexibility so that we are able to meet the needs of each child.  
 Each day may vary from the printed schedule.*

6:30-7:45 AM	Arrivals/greetings, breakfast, Choice Time in the Star Room
7:45-8:45 AM	Small group activities: stories, blocks, games, music, etc.
8:50-9:10 AM	Outside Time (weather permitting)* or Large Muscle Room
9:10-9:30 AM	Bathroom break, hand washing, stories and puzzles
9:30-10:00 AM	Large Group Time: calendar, weather, Bible story
10:00-10:20 AM	Hand washing and Snack Time
10:20-11:00 AM	Small group activities/station time: science, math, literacy, & theme project
11:00-11:45 PM	Clean up, bathroom break, hand washing and Outside Time (weather permitting)*
11:45-12:15 PM	Hand washing and Lunch Time
12:15-12:30 PM	Clean up, bathroom break, hand washing
12:30-1:00 PM	Stories on cots
1:00-1:30 PM	Quiet time for non-nappers
1:00-2:45 PM	Nap Time
1:30-2:45 PM	Quiet table time activities
2:45-3:00 PM	Wake up, bathroom break, hand washing
3:00-3:30 PM	Music & Movement, stories, Choice Time
3:30-4:00 PM	Show & Share, hand washing, Snack Time
4:00-4:45 PM	Outside Time (weather permitting)*
4:45-5:00 PM	Bathroom break, hand washing
5:00-5:30 PM	Large Muscle Room activities & departures
5:30-6:00 PM	<i>Cubs, Stars, Dolphins – blend in Large Muscle Room</i>

\*Scheduled outside times will vary with the seasons. Children will go out in the winter only if weather permits.

**STARS**