

# PASTORAL CARE

## EUCCHARISTIC ADORATION

### DESCRIPTION OF MINISTRY:

Eucharistic Adoration is spending time in silent prayer in the presence of Jesus. The Eucharist is visible in a gold monstrance which allows us to see and worship our Eucharistic Lord. You can meditate on scripture, read the lives of the saints or other spiritual reading, pray the rosary or other devotions, or simply sit quietly and just “be” in the presence of God. Spiritual reading and devotional materials are provided for you outside the chapel. Think of a visit to the Blessed Sacrament as an opportunity to pour out your heart before the Lord, one on one. Sit quietly and enjoy each other’s company.

*“The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth.” ~Blessed Mother Teresa*

### COMMITMENT:

#### --Meetings/Activity Commitment:

Regular Adorer: A commitment to one regularly scheduled hour of adoration weekly. Available hours are Friday from 8am to 9pm, and Sunday from 1pm to 5pm.

Substitute Adorer: Willingness to substitute for a regular adorer when they are absent. You are able to accept or decline as needed.

--Commitment Length: There is no required length of commitment.

### REQUIREMENTS FOR THIS MINISTRY:

A minimum of two adorers are needed for each hour, so that the Blessed Sacrament is never left alone. Each adorer spends the hour in peaceful, silent, personal prayer with Jesus.

### CONTACT PERSON:

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